

Orekma ac Study Lohmah

Kahs Kosrae /Kosraean



Orekmakihn nuhnak in muhsaheack – nuhnak pwacye lom nuhke ma kuneyucki nuh sum ac kuh in oraclah kom pihsrlac!

- Fahk nuhsin tuhlihk nuhtuman luhpan yohk srihpaciyen study ac eltahl in sang kuhiyactahl ke lutlut lalos
- Siyuck sin mwet luti ke muhtwacwacackiyen yac in lutlut sacn: lah luhpah kah pacl ma tuhlihk lutlut se ac enenuh nuhke mwe lutlut ma kuneyucki nuh sel? Ac ohiyac fuhkah ma kom ac enenuh sin ninac pahpah tuhmal?
- Sulaclah sie pahl in study (efin tuhlihk lutlut se tiac kuneyucki ma in luti, elos kuh in rit kuh sifacna fohlohkohnwack ma in sifil lutlut kac)
- Eslah mwe ahkfohs liki tuhlihk an, pa nuhke TV ac fon/ac kain in ma sahyac

Pacl in study: Engankihn, inse ahkolah, ac kahsreacng

- Tahpuhk tuhlihk nutum an in sifacna ke orekma lal
- Fin tuhlihk nuhtum an ngihstre ke kahsruh, porongo ac sang kahs in kahsruh, tiac top nuhke kihsensiyuck an
- Loh nuhke sain ma ahkkahlwemye fohsack luhn tuhlihk nuhtum, sap el an eis monglac srihsrihk lal kuh in oasr pal in sramsramkuhnla ma upac nuh sel
- E fin upac nuh sin tuhlihk nuhtum an ke mwe luti kuniyucki nuh sel, aetuhilac yurin mwet luti lal nuhke ohiyac in muhsaheack, oana sie mwet in kahsruh, ac konwacack ma kowos kuh in tuhkweni kahsruh tuhlihk sacn

Sang opi in akihlen oraclah wo ac insacneacng ke orekma

- Karihngihn ac ahksuhmahtye puhsren kaksak lom (“Kom arulacna lahlmwetmwet”). Ac kuh in oraclah tuhlihk nuhtum in sulaclah orekma ma fihsracsr ke srihpen sahngeng lalos in fail. Kaksakihn kampare lalos sahp wo in pwacnwacng elos in ohruh orekma ma upac
- Ahkfuhlwactye orekma yohk el oraclah in sang sie treat (kain nuhke mongo se el lungse omeet, kuh in som muhtwacta ke park ah, kuh ma sahyac).

Kahsruh in oakiyac karihngihnyen pacl

- Ahkkweye tuhlihk nuhtum an in muhtwacwacack ke homework ma upac met ke elos soena tohtohlah
- Ahkkweye tuhlihk nuhtum an in liye kwewa assignments ac lwen ac tari, yohkna nuhke project ma yohk lalos

ADI. (2018). A guide for families: Helping your child succeed in school.
<https://www.schoolcommunitynetwork.org/docs/FamilyGuide.pdf>

Redding, S., Murphy, M., & Sheley, P. (2011). Handbook on family and community engagement (FACE). Information Age.
<https://www.schoolcommunitynetwork.org/downloads/FACEHandbook.pdf>

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