

# Family Expectations and Supervision

## Give priority to schoolwork and reading over screen time and recreation

- Set time limits on TV, computers/tablets, and phones
- Remember: too much time at a screen takes away from time your child should be spending somewhere else



## Expect children to attend school and be on time

- Help your children pack backpacks each night with everything they need for school the next day and set out the clothes they will wear to school
- Create a breakfast routine



## Know how your child is doing with academic and personal growth at school

- Talk to your child, your child's teacher, and other school staff often
- Check your child's progress: review report cards; attend parent-teacher conferences or meetings
- Ask your child, "Tell me something you learned in (school subject)" rather than yes/no questions



## Know and discuss what is being watched on TV and computers/electronic devices

- Make sure you know what your child sees, and use shows as a chance to talk about values
- Discuss and enforce Internet safety and courtesy rules

## Expect children to do their best and take responsibility for what they do

- Praise your child for real effort and good attitudes about school and learning



ADI. (2018). A guide for families: Helping your child succeed in school.  
<https://www.schoolcommunitynetwork.org/docs/FamilyGuide.pdf>

Redding, S., Murphy, M., & Sheley, P. (2011). Handbook on family and community engagement (FACE). Information Age.  
<https://www.schoolcommunitynetwork.org/downloads/FACEHandbook.pdf>

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