# **Routine of Family Life for School Success**

Parents—did you know the everyday activities you do in your family support your children's learning? Simple routines can help your kids do well in school!



### Make a daily routine that includes time to eat, sleep, play, read, work, study, and talk together

Establish regular mealtimes, bedtimes, study time, and outdoor play/exercise time

# Make time for family fun and learning

- Share family stories and traditions
- Play together: try hobbies, games, and activities that help children learn new things



### Show that you value learning

- Make sure children attend school every day
- Ask the teacher for makeup work for your child to complete at home as soon as possible if they have missed school
- Read together every day—recipes, family news, signs in the community, any type of reading in your home language

## Have a regular time for study every day, whether children have homework or not

- Try to find a quiet place with good light for a reading/studying area
- Use study time to do your own "homework" like paying bills or reading

ADI. (2018). A guide for families: Helping your child succeed in school. https://www.schoolcommunitynetwork.org/docs/FamilyGuide.pdf

Redding, S., Murphy, M., & Sheley, P. (2011). Handbook on family and community engagement (FACE). Information Age. https://www.schoolcommunitynetwork.org/downloads/FACEHandbook.pdf





