

Routine of Family Life for *School Success*

Parents—did you know the everyday activities you do in your family support your children’s learning?
Simple routines can help your kids do well in school!



Make a daily routine that includes time to eat, sleep, play, read, work, study, and talk together

Establish regular mealtimes, bedtimes, study time, and outdoor play/exercise time



Show that you value learning

- Make sure children attend school every day
- Ask the teacher for makeup work for your child to complete at home as soon as possible if they have missed school
- Read together every day—recipes, family news, signs in the community, any type of reading in your home language

Make time for family fun and learning

- Share family stories and traditions
- Play together: try hobbies, games, and activities that help children learn new things



Have a regular time for study every day, whether children have homework or not

- Try to find a quiet place with good light for a reading/studying area
- Use study time to do your own “homework” like paying bills or reading

